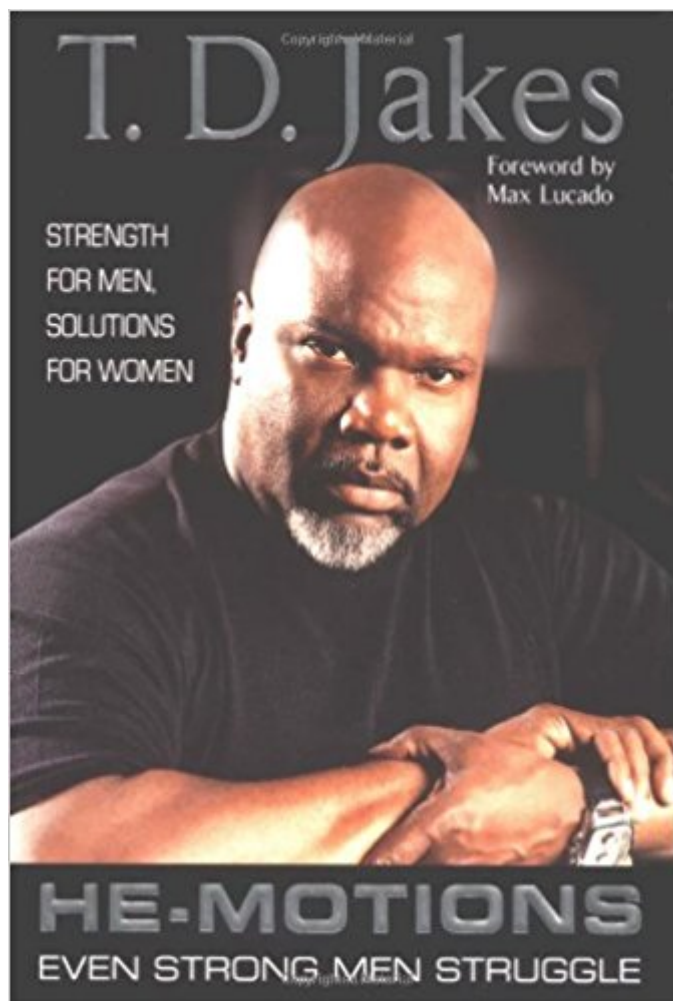


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# He-motions: Even Strong Men Struggle



## Synopsis

T. D. Jakes has helped millions of women discover the glorious truth of who they are. His bestseller *The Lady, Her Lover and Her Lord* was a groundbreaking look at a woman's most important relationships—with God, with the man in her life, and with herself—and was the first step toward hope and healing for women across the nation. Now Bishop Jakes brings his unique perspective to this revealing look into the heart and mind of a man. Men feel the pressure of fulfilling many roles in life: husband, father, son, businessman, and leader. Now Bishop Jakes comes to their aid with this guidebook to help every man understand his own emotional inner workings, and to offer biblically inspired direction toward being the man God wants him to be. Practical, inspirational, and refreshingly honest, *He-Motions* is also the ultimate source for women who seek to comprehend and care for the men in their lives. It will help them decode men's often-baffling behavior and will offer eye-opening insights that will bring greater intimacy and healing to their relationships. *He-Motions* will bring clarity and hope to men and help them strengthen their relationships with themselves, with the women in their lives, and ultimately, with their God. It is the book that millions of men and women have been waiting for.

## Book Information

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## Customer Reviews

Dallas-based preacher Jakes's breakout book, *Woman, Thou Art Loosed*, established his unique brand of self-help literature saturated with biblical stories. In this new book, bound for bestsellerdom, he turns his attention to "a man's relationships," using the many-sided King David

as his starting point. Jakes is by no means the first writer to troll David's story for insights into masculinity, but he brings an inimitable combination of street smarts and worldly panache to the task. He also draws on the stories of countless men who have come to him for advice on coping with success and failure, sex and love, and relating to their fathers and sons. His recollections of his own struggles, especially a moving section about the death of his father when Jakes was 16, balance his religious, ambitious prose with an uncommon transparency. The quality of the writing falters in the second half, as Jakes expounds rather conventionally on the arenas of power, money and sex—the "PMS" he says can sabotage a marriage. Indeed, unmarried men may find this book off-putting, so strong is Jakes's assumption that family is the center of masculine identity. But his distinctly un-macho vision of fatherhood, friendship and lifelong marital romance will be appreciated by men who embrace his call to be "men in motion, trying to move toward what God wants us to be." Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Jakes follows *Woman, Thou Art Loosed!* (1994) with a book aimed at aiding men reclaiming their lives from the stereotypes about masculinity, which dictate that men show no emotions. Through intimate personal stories of his own journey to develop as a pastor, husband, and father, Jakes encourages men to delve into the emotional and spiritual aspects of themselves. He uses Bible stories to illustrate how men struggle in their spiritual development, and he explores how our culture discourages men from revealing their inner emotions; how emotionally distant fathers pass along the inclination to their sons; and the cost to men who are unable to develop closer relationships with friends, women, and children. Jakes offers practical advice on how men can improve communication with those who are important in their lives. The book is divided into sections that advise taking inventory and making improvements in relationship with self, time (stages of life), father, other men, women, children, and God. Each section includes questions as exercises for men and women to promote greater self-awareness. Vernon Ford Copyright © American Library Association. All rights reserved

What does it really mean to be a man? Bishop Jakes addresses this question and many more as he writes on manhood and fulfilling the role God has created men to be. He thoughtfully breaks this book into seven parts, with each part addressing some area of a man's relationship. T.D. Jakes uses scripture and real day-to-day stories to focus on the relationships a man has with himself, his time, his father, other men, his woman, his children and with God and how all these areas are tied together. The author challenges the reader to stop running and hiding from

responsibility and instead be the man God has created him to be. This book is packed with steps and action plans to help a man move forward in a healthy and biblical foundation, with reflection questions for both men and women towards the end of each chapter. These questions give an opportunity to respond, to go deeper, to finally be real, to be more self-aware and face the stuff men deal with. This is a great book for guys. I recommend reading this book, as it will challenge and convict one to explore their soul and deal with all the stuff. If you choose to pick this book up, take your time, read it slowly, read it with other men or your wife and thoughtfully reflect on the questions in each chapter. You will not regret the read.

This book gave a great inside look at the pain and strain of the life of men through their own eyes!!! Every woman would gain great wisdom and insight in loving and caring for the men in their lives through reading this book!

I enjoyed this book and recommend it for all young men and women. The young men especially growing and needing direction and the women wanting understand their spouse/boyfriend/friend as they grow together. This put so many things in perspective. Thank you Mr. Jakes for sharing your experiences and wisdom. You truly have a blessing gift.

It's hard to be a good and strong man. While TD Jakes sympathizes with this reality, he does offer solutions to the struggles men face with compassion and he doesn't shy away from the real stuff. Highly recommended!

Excellent read for the late twenties males and older. It hit a lot of stuff I was going through, so this book was perfect timing. Good for quarter-life crisis, the mid-life crisis and everything else. Great book

I bought this book for my boyfriend who is currently incarcerated and so far, HE LOVES IT! I read excerpts and heard the series myself so I knew it would be an AWESOME tool for propelling him into the next level God would have for his life... I learned so much from the little that I read I couldn't pass up the opportunity to pass the knowledge on! He's even sharing with some of the other guys in the prison!!! Great witnessing tool... T.D. Jakes easily speaks directly to a RANGE of issues affecting a RANGE of people... AWESOME, AWESOME, AWESOME!

Perfect condition and a fast delivery were my expectations both were met. I have no complaints. The book is life changing for men of God looking for a little deeper understanding.

I still have not made it all the way through this book, as I have never been the best at getting myself to read. Nonetheless, I have thoroughly enjoyed what I have read thus far and was able to relate with a lot of the points in the book. Looking forward to finishing the book, even though it may take a while. Would definitely recommend for anyone looking to improve on all relationships in life.

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